



After Dental Treatment Instructions Following Preparations for Crowns, Bridges, Inlays, Onlays, and Veneers

Personalized Experience...Extraordinary Care.

Congratulations to you for your commitment to your oral health, and restoring your teeth by having permanent crowns, bridges, inlays, onlays, or veneers. These instructions are provided for you to create a more comfortable after treatment experience. Please feel free to contact us during regular office hours (or anytime for an emergency situation) for any additional information or instructions.

- You may experience some sensitivity, especially around the gumline, after the numbness wears off. Ibuprofen or Tylenol should be sufficient to keep you comfortable.
- Your gums may be tender. Please use either peroxyol rinse or rinse with ½ tsp salt in 8 oz. warm water 2-3 times daily until tissue heals. Continue to brush as usual.
- You will be wearing a temporary for the next 2 – 3 weeks. Try to chew on the opposite side of your mouth. **If your temporary falls off, place it back in with denture cream or even toothpaste until you can come in to have us recement it properly.**
- Please continue to use dental floss but on the treated side, pull the floss out the side and not straight up. It will pull out the temporary.
- If your teeth continue to be sensitive, or if your temporary crown comes off, please call our office the next business day, or immediately if you are in severe pain.

The Dental Care Team of Citracado Dental Group

Wm. R. Jungman, D.D.S. ~ Julie E. Kangas, D.D.S. ~ and Associates
500 W. El Norte Parkway Escondido CA 92026 (760) 489-5545 www.citracadodental.com