



## After Dental Treatment Instructions Following Root Canal Therapy

*Personalized Experience...Extraordinary Care.*

Congratulations to you for your commitment to your oral health. These instructions are provided for you to create a more comfortable after treatment experience. Please feel free to contact us during regular office hours (or anytime for an emergency situation) for any additional information or instructions.

- You are likely to experience discomfort in the area of the root canal for a few days up to several weeks, and even months if the infection was severe.
- Root canal therapy is treatment of the bone, therefore the healing process can take time and every patient recovers differently.
- We recommend taking Ibuprofen or Tylenol within an hour of leaving our office to help with minor discomfort and sensitivity.
- You have temporary material placed inside the tooth, so avoid chewing on that side of your mouth until your permanent restoration is placed.
- It is important to take your prescribed medications, especially your antibiotic to help the body heal the infection.
- If you experience increasing pain, swelling, or if the temporary filling materials falls out, please contact our office.
- It is very important to follow up with treatment of a cast post, build-up, and crown to permanently restore the tooth. Delaying in obtaining the final restoration may result in a fracture and/or the possible loss of your tooth.

### *The Dental Care Team of Citracado Dental Group*

Wm. R. Jungman, D.D.S. ~ Julie E. Kangas, D.D.S. ~ and Associates  
500 W. El Norte Parkway Escondido CA 92026 (760) 489-5545 [www.citracadodental.com](http://www.citracadodental.com)